Blinky's Family Challenge

I say goodbye to fear ... when God helps me fight it!



Fight Fear

Fear isn't your boss, and fear can't get you! When you feel afraid, pray to God and ask Him to help you fightit.

You'll Need

- Something to be a shield (dinner plate, toy shield, pillow, piece of cardboard, etc.)
- Small objects to throw (cotton balls, crumpled paper, soft toys, etc.)

Directions

- 1. Pretend the objects for throwing are scary things.
- 2. Hold up your shield and say, "God helps me fight fear!"
- 3. Let your kid throw the scary objects at you, and deflect them with the shield.
- 4. Play again, reversing roles with your kid.

Review Time!

Say With Me Ages 2-3

Q&A *Ages 4–Kindergarten*

1. Say Together: I'm not afraid!

2. Say Together: Fightfear!

1. What does it mean to fight fear? Trust God and do what's right when I'm afraid.

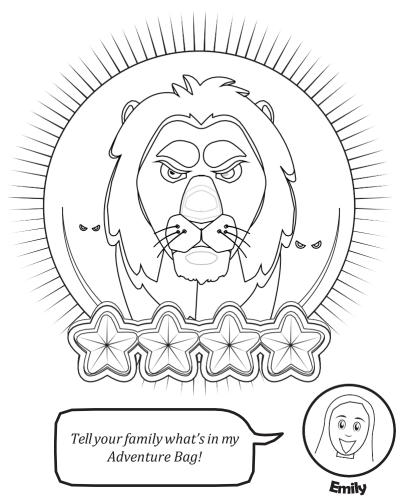
2. Do you have to fight fear alone? No



Lead your family through the Bible Plan *A Roaring Rescue* on the YouVersion Bible App. **www.bible.com**

A Roaring Rescue

Daniel and the lion's den





Interact with this story on the Bible App for Kids! www.bible.com/kids



Download this month's song, *God Is Here!* go2.lc/lifekidsmusic

