

To review the first 5 choices, go to our website
staalliance.org/resources/teaching/series/resolutions-that-last/

Choice 1: The Reality Choice

Realize I'm not God, admit I'm powerless to control my tendency to do the wrong thing, and my life is unmanageable.

Choice 2: The Hope Choice

Earnestly believe that God exists, that I matter to Him, and that He has the power to help me change.

Choice 3: The Commitment Choice:

Consciously choose to commit all my life and will to Christ's care and control.

Choice 4: The Housecleaning Choice

I openly examine and confess my faults to myself, to God, and to someone I trust.

Choice 5: The Transformation Choice

Voluntarily submit to every change God wants to make in my life and humbly ask Him to remove my character defects.



The Relationship Choice

Lisa Peters ~ February 9, 2020

Choice 6: The Relationship Choice

To evaluate all of my relationships; offer forgiveness to those who have hurt me, and make amends for any harm that I have caused others.

HOW DO WE FORGIVE?

1. Offer forgiveness at the LEVEL of Offense

Roger Barrier

"We can't simply offer a cup of forgiveness for a 5-gallon offense."

Then Peter came to him and asked, "Lord, how often should I forgive someone who sins against me? Seven times? 22 "No, not seven times," Jesus replied, "but seventy times seven!"

Matt.18:21 (NLT)

Forgiveness is a choice, and the outworking of that choice to forgive is a process.

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- Remember God's GRACE

C. S. Lewis

"To be a Christian means to forgive the inexcusable, because God has forgiven the inexcusable in you."

Make allowance for each other's faults and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others.
Colossians 3:13 (NLT)

But to you who are willing to listen, I say, love your enemies! Do good to those who hate you. 28 Bless those who curse you. Pray for those who hurt you.
Luke 6:27-28 (NLT)

- Forgiveness is not the same thing as TRUST

Rob Reimer

"Forgiveness is a gift granted by the offended party. Trust is earned. And while forgiveness is unilateral [as in, Forgiveness is an act of the will that we must choose. Forgiveness is a gift offered by the offended party. It is never deserved or earned. Therefore, you can forgive someone unilaterally; they don't need to apologize.] reconciliation is bilateral; it requires that both parties fully participate."

- Forgiveness is not saying that what happened is OK.

Forgiveness does not absolve someone from the consequences of their actions. The very fact that forgiveness is needed means that there has been wrong done and natural consequences follow. At no time does forgiving someone communicate approval, indifference or permission.

A.P.P. Questions:

1. Have you taken the time to thoughtfully evaluate your relationships? Is there anyone that you need to make amends to? Is there anyone you need to forgive? How will you respond? Discuss together.
2. Is there anyone who has hurt you that God is encouraging you to pray blessings over? Together, discuss a strategy to engage this intentionally.